



## Week One Menu

WC: 24<sup>TH</sup> FEB, 16<sup>TH</sup> MAR, 20<sup>TH</sup> APR, 11<sup>TH</sup> MAY, 1<sup>ST</sup> JUNE, 22<sup>ND</sup> JUNE, 13<sup>TH</sup> JULY, 31<sup>ST</sup> AUG, 21<sup>ST</sup> SEPT, 12<sup>TH</sup> OCT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	PORK SAUSAGE MASH & GRAVY	CHICKEN & TOMATO PASTA	ROAST GAMMON, ROAST POTATOES & GRAVY	BEEF LASAGNE	FISHCAKE & CHIPS
<b>VEGETARIAN</b>	VEGETARIAN SAUSAGE MASH & GRAVY	MACARONI CHEESE	ROAST VEGETABLE FRITTATA & ROAST POTATOES	VEGETABLE LASAGNE	VEGETABLE FINGERS & CHIPS
<b>JACKET POTATO/PASTA</b>	PASTA with CHEESE SAUCE OR TOMATO SAUCE	JACKET POTATO with either BAKED BEANS, CHEESE or TUNA MAYONNAISE	PASTA with CHEESE SAUCE OR TOMATO SAUCE	JACKET POTATO with either BAKED BEANS, CHEESE or TUNA MAYONNAISE	PASTA with CHEESE SAUCE OR TOMATO SAUCE
<b>SIDE DISH</b>	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD
<b>DESSERTS</b>	FLAPJACK	BANANA TRAYBAKE	SHORTBREAD	CHOCOLATE BROWNIE	FRUITY FRIDAY

**AVAILABLE DAILY:**  
DELI BAR SANDWICH OPTION: (Ham, Turkey, Cheese Tuna or Egg Mayonnaise). Choice of Fresh Salad Bar, Home Baked Bread, Seasonal Fresh Fruit, Yoghurt, & Water

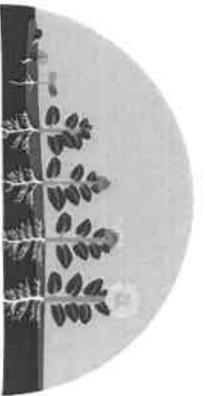


## Week Two Menu

WC: 2<sup>ND</sup> MAR, 23<sup>RD</sup> MAR, 27<sup>TH</sup> APR, 18<sup>TH</sup> MAY, 8<sup>TH</sup> JUNE, 29<sup>TH</sup> JUN, 20<sup>TH</sup> JULY, 7<sup>TH</sup> SEPT, 28<sup>TH</sup> SEPT, 19<sup>TH</sup> OCT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	HAM PIZZA with OVEN BAKED WEDGES	MILD CHICKEN CURRY & RICE	ROAST TURKEY, ROAST POTATOES & GRAVY	ALL DAY BREAKFAST - EGG, BEANS POTATOES, FRESH TOMATO WITH BACON	COD OR SALMON FISH FINGERS & CHIPS
<b>VEGETARIAN</b>	CHEESE & TOMATO PIZZA with OVEN BAKED WEDGES	BQ VEGETABLE AND MIXED BEAN WRAP	CHEESE & BAKED BEAN PUFF, ROAST POTATOES & GRAVY	VEGETARIAN SPAGHETTI BOLEGNISE	VEGETABLE FINGERS & CHIPS
<b>JACKET POTATO/PASTA</b>	PASTA with CHEESE SAUCE OR TOMATO SAUCE	JACKET POTATO with either BAKED BEANS, CHEESE or TUNA MAYONNAISE	PASTA with CHEESE SAUCE OR TOMATO SAUCE	JACKET POTATO with either BAKED BEANS, CHEESE or TUNA MAYONNAISE	PASTA with CHEESE SAUCE OR TOMATO SAUCE
<b>SIDE DISH</b>	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD
<b>DESSERTS</b>	APPLE CRUMBLE & CUSTARD	CINNAMON OATY COOKIE	VANILLA ICECREAM	JAM TART	FRUITY FRIDAY

**AVAILABLE DAILY:**  
DELI BAR SANDWICH OPTION: (Ham, Turkey, Cheese Tuna or Egg Mayonnaise). Choice of Fresh Salad Bar, Home Baked Bread, Seasonal Fresh Fruit, Yoghurt & Water



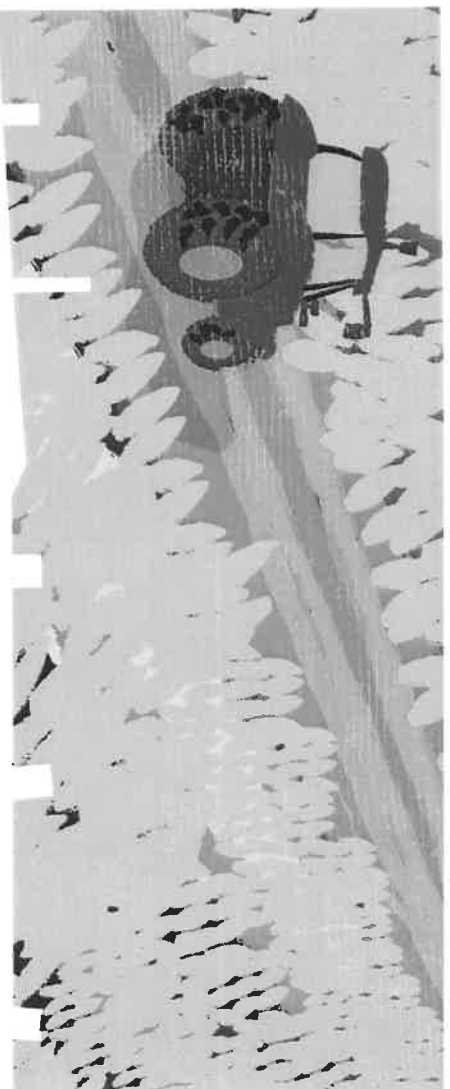
## Week Three Menu

WC: 9<sup>TH</sup> MAR, 30<sup>TH</sup> MAR, 4<sup>TH</sup> MAY, 15<sup>TH</sup> JUN 6<sup>TH</sup> JULY, 14<sup>TH</sup> SEPT, 5<sup>TH</sup> OCT

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	MEATBALLS IN TOMATO SAUCE WITH RICE	CHICKEN & SWEETCORN PIE WITH NEW POTATOES	ROAST CHICKEN with ROAST POTATOES & GRAVY	SPAGHETTI BOLEGNESE	FISH FINGERS & CHIPS
<b>VEGETARIAN</b>	VEGETARIAN MEATBALLS IN TOMATO SAUCE WITH RICE	CHEESE & TOMATO PASTA BAKE	VEGETARIAN COWBOY PIE – VEG SAUSAGES WITH BEANS TOMATOES WITH A MASH POTATO TOPPING	MIXED BEAN FAJITA	VEGETABLE NUGGETS & CHIPS
<b>JACKET POTATO/PASTA</b>	PASTA with CHEESE SAUCE OR TOMATO SAUCE	JACKET POTATO with either BAKED BEANS, CHEESE or TUNA MAYONNAISE	PASTA with CHEESE SAUCE OR TOMATO SAUCE	JACKET POTATO with either BAKED BEANS, CHEESE or TUNA MAYONNAISE	PASTA with CHEESE SAUCE OR TOMATO SAUCE
<b>SIDE DISH</b>	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD	A SELECTION OF SEASONAL VEGETABLES & SALAD
<b>DESSERTS</b>	CHOCOLATE COOKIE	ORANGE JELLY WITH MANDARINS	ICED LEMON SPONGE	SULTANA OATY COOKIE	FRUITY FRIDAY

### AVAILABLE DAILY:

DELI BAR SANDWICH OPTION: (Ham, Turkey, Cheese, Tuna or Egg Mayonnaise), Choice of Fresh Salad Bar, Home Baked Bread, Seasonal Fresh Fruit, Yoghurt, & Water



FUEL FOR YOUNG MINDS  
**grow**  
 School Lunch  
**menu**

With this menu, we continue with our achievement of Food for

Food for Life Bronze which briefly means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

For more information on the award please visit [foodforlife.org.uk/schools](http://foodforlife.org.uk/schools)

### Our Menu

Our menus meet or exceed government food standards for

School meals do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat and are nut free.

