

Year 1	Athletics	Target Games	Ball Skills	Team Building	Striking and Fielding	Sending and Receiving
	Gymnastics	Yoga	Dance	Fundamentals	Athletics	Net and Wall
Year 2	Athletics	Fitness	Ball Skills	Team Building	Athletics	Swimming: Beginners
	Gymnastics	Yoga	Dance	Fundamentals	Goalball	Striking and Fielding
Year 3	Athletics	OAA	Curling	Tennis	Rounders	Swimming
	Fitness	Gymnastics	Dance	Ball Skills Y3/4	Lacrosse	Hockey
Year 4	Athletics	Ball Skills Y3/4	Hockey	Basketball	Tag Rugby	Swimming
	Fitness	Gymnastics	Dance	Ball Skills Y3/4	OAA	Cricket
Year 5	Athletics	Tennis	Basketball	Curling	OAA	Swimming
	Fitness	Gymnastics	Dance	Fundamentals	Hockey	Rounders
Year 6	Athletics	Basketball	Boccia	Hockey	Football	Swimming
	Fitness	Gymnastics	Dance	Fundamentals	Netball	Tag Rugby